

PACKAGE LEAFLET: INFORMATION FOR THE USER

ALLERGODIL 0.1%

NASAL SPRAY

AZELASTINE HYDROCHLORIDE

• This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety • The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert • This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product • If you have any questions or are not sure about anything, ask your doctor or pharmacist • Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

• Keep this leaflet • You may need to read it again • If you have any further questions, ask your doctor or pharmacist • This medicine has been prescribed for you only • Do not pass it on to others • It may harm them, even if their signs of illness are the same as yours • If you get any side effects, talk to your doctor or pharmacist • This includes any possible side effects not listed in this leaflet •

What is in this leaflet?

1. What Allergodil Nasal Spray is for
2. Before you use Allergodil Nasal Spray
3. How to use Allergodil Nasal Spray
4. Possible side effects
5. How to store Allergodil Nasal Spray

1. WHAT ALLERGODIL NASAL SPRAY IS FOR

Allergodil Nasal Spray belongs to a group of medicines called antihistamines. These work by preventing the effects of histamine that the body produces as part of an allergic reaction.

Allergodil Nasal Spray is used to treat allergic rhinitis. This is an allergy which may affect you only at certain times of the year (for example, allergy to pollen, called hayfever), or all year round (for example, allergy to the house dust mite or dog and cat hairs).

Usually it affects you by causing a runny nose, sneezing, itching or blocked nose. Allergodil Nasal Spray should help control these symptoms. This product may be used by adults and children aged 5 years and older.

2. BEFORE YOU TAKE ALLERGODIL NASAL SPRAY

Do not use Allergodil Nasal Spray if:

- You are allergic to azelastine hydrochloride or any of the other ingredients of Allergodil Nasal Spray. If this applies to you, talk to your doctor or pharmacist.

Pregnancy and breast-feeding

If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice before using Allergodil Nasal Spray.

3. HOW TO USE ALLERGODIL NASAL SPRAY

Always use the spray exactly as your doctor has told you.

Important:

Your doctor will choose the dose that is right for you. Your dose will be shown clearly on the label that your pharmacist puts on your medicine. If it does not, or you are not sure, ask your doctor or pharmacist.

Adults and children aged 5 years and over. How much to use

- The usual dose is one squirt into each nostril in the morning and then again in the evening.

How to use the spray

1. Blow your nose first
2. Remove the protective cap (Diagram 1)
3. Before the first use, press the pump several times until an even spray emerges (Diagram 2)
4. Spray once into each nostril keeping head upright. Do not tilt head backwards (Diagram 3)
5. Wipe the pump nozzle and replace the protective cap.

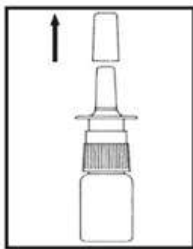


Diagram 1

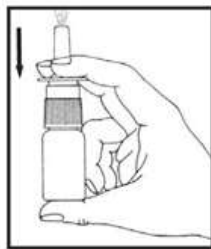


Diagram 2



Diagram 3

If you use more Allergodil Nasal Spray than you should

If you spray too much Allergodil Nasal Spray into your nose you are unlikely to have any problems. Contact your doctor if you are worried.

If anyone, especially a child, accidentally drinks Allergodil Nasal Spray, contact your doctor or local hospital casualty department immediately.

If you accidentally get Allergodil Nasal Spray in your eyes, bathe them with plenty of water. They may sting for a while.

If you forget to use Allergodil Nasal Spray

Use the spray as soon as you remember, then take the next dose at the usual time. Do not take a double dose to make up for a missed dose.

If you have any other questions about using this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines Allergodil Nasal Spray can cause side effects, although not everybody gets them.

These effects include:

- Slight irritation of the inside of the nose. This can cause mild stinging, itching or sneezing. These symptoms should not last long.
- A nose bleed.
- A bitter taste in your mouth, especially if you tilted your head backwards when you used the nasal spray. This should disappear if you have a soft drink a few minutes after using Allergodil Nasal Spray. The bitter taste might cause you to feel sick.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE ALLERGODIL NASAL SPRAY

- Do not store below 8°C. Do not refrigerate.
- Keep out of the sight and reach of children. Used wrongly the spray could harm them.
- Do not use your spray after the expiry date on the box. The expiry date refers to the last date of that month.
- Once you have opened the bottle do not use for longer than six months, even if there is some medicine left in the bottle after this time. If necessary, ask your doctor to replace it with a new prescription.
- If your spray appears to be discoloured or shows any other signs of deterioration, take it to your pharmacist.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

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