

## PACKAGE LEAFLET: INFORMATION FOR THE USER

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### Lordiar

2mg Capsules

LOPERAMIDE HYDROCHLORIDE

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*• This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety • The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert • This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product • If you have any questions or are not sure about anything, ask your doctor or pharmacist • Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.*

*• Keep this leaflet • You may need to read it again • If you have any further questions, ask your doctor or pharmacist • This medicine has been prescribed for you only • Do not pass it on to others • It may harm them, even if their signs of illness are the same as yours • If you get any side effects, talk to your doctor or pharmacist • This includes any possible side effects not listed in this leaflet •*

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#### What is in this leaflet?

1. What this medicine is for
2. Before you take the medicine
3. How to take the medicine
4. Possible side effects
5. Storing the medicine

#### 1. WHAT THIS MEDICINE IS FOR

Lordiar 2mg Capsules contain Loperamide hydrochloride which is an anti-diarrhoeal medicine which helps to stop diarrhoea by making the stools more solid and less frequent.

This medicine is used for the treatment of sudden short-lived (acute) attacks of diarrhoea.

Please note that these Capsules relieve the symptoms of diarrhoea only and should not be used as a substitute for rehydration treatment.

#### 2. BEFORE YOU TAKE THE MEDICINE

##### **Do not take this medicine if:**

- You suffer from colitis (inflammation of the colon) or any other inflammatory bowel disease.
- You have a swollen stomach or tummy, and/or constipation.
- You are allergic to any of the ingredients.
- You are pregnant or breastfeeding (unless instructed by your doctor).
- You are suffering from dysentery with blood in your stools and a high temperature.

Check with your doctor before taking this medicine if:

- You suffer from liver or kidney problems, including difficulty in urinating.

- You have severe and persistent diarrhoea and vomiting.

If you have AIDS and your stomach becomes swollen, stop taking the Capsules immediately and contact your doctor

**Important information about some of the ingredients of this medicine:**

- The Capsules contain lactose; if you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

### 3. HOW TO TAKE THE MEDICINE

Adults, the elderly and children over 12 years

**How to take:**

The Capsules should be swallowed whole with a drink of water.

Dose and how often to take:

After the first loose stool (bowel motion) take 2 Capsules with water.

After each further loose stool, take 1 Capsule.

- Rehydration sachets are available separately.
- Do not give to children under 12 years of age.
- Do not take more than 6 Capsules in any 24 hours.
- Do not take the Capsules for more than 24 hours unless advised by a doctor.
- If symptoms persist for more than 24 hours consult your doctor.
- DO NOT EXCEED THE STATED DOSE.

**If you take too much**

If you take more Capsules than you should, tell your doctor or pharmacist.

### 4. POSSIBLE SIDE EFFECTS

Most people take the Capsules without any problems, but as with all medicines, side effects may occur occasionally.

**Very rarely** (affects less than 1 in 10,000 people)

Allergic reaction:

Stop taking the medicine and contact your doctor immediately if you notice:

- Skin rashes or other signs of allergic reaction such as itching, swelling of the lips, tongue or throat, or difficulty in breathing
- Skin rashes which may be severe and include blistering or peeling skin.

Other side effects which may occur are:

**Very rarely:** (affects less than 1 in 10,000 people)

- Stomach pains, a swollen stomach, nausea, vomiting, constipation, flatulence (wind), indigestion and heartburn
- Tiredness and dizziness
- Dry mouth
- Difficulty urinating.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

### *5.STORING THE MEDICINE*

Do not store above 25°C. Store in the original packaging.  
Do not use the Capsules after the expiry date shown on the pack.  
Keep out of the sight and reach of children.

Leaflet revised: 01/2015